

Couple: _____

Date: _____



WRBC 2023 LOVE CHALLENGE



Track how many acts of love you show to your spouse from
January 8, 2023 – February 15, 2023

**The first five (5) couples that complete at least 10 or more
blocks will be eligible for a prize!**

Read a book together	Put gas in your spouse's car	Go on a double-date with another couple	Tell someone how much you love your spouse	Go to a movie or play
Go on a walk together	Go on an impromptu date	Give your spouse a foot massage	Make your spouse his/her favorite beverage	Sleep in on a Saturday and snuggle
Leave a love note for your spouse	Pick-up the dry cleaning for your spouse	Free Space	Serenade your spouse with their favorite song	Go on a scenic drive
Cook a meal together	Wear his/her favorite perfume/cologne	Run errands together	Get a couples pedicure	Do a hubby/honey-do project to surprise your spouse
Cook your spouse's favorite dish	Free Space	Tell your spouse how much you appreciate him/her	Look at your wedding photos together	Play a game with your spouse

Please sign and date your cards. Place in Couples Ministry Mailbox in the church office. Contact couples@whiterockbaptistchurch.org with any questions.